



DR. DORIS GREENWOOD
Internationally Renowned
NLP Master Trainer



GIAN CARLO ZAZZERI
Renowned Quantum &
Shamanic Healer



DR. SWAMI MAHAVANAM
Health Consultant &
Holistic Therapist



JANA REDDY
Sound Healer, Access Bars
Facilitator & Hypnotherapist



BIANCA DEVANANDA
Clairvoyant & Reiki Master



MARIA LEONARD
Spiritual Coach, Intuitive
Speaker & Rebirthing
Breathwork Facilitator



NIYA ROY
Sound Healer,
Hypnotherapist
& Yoga Instructor

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				ONSITE MEDITATION 1 DEC Reiki Self-Healing and Gonging Meditation with Zarine Dadachanji 7:30pm-8:30pm AED 150/-	FREE ONSITE MEDITATION 2 DEC Vibrational Sound Healing Meditation with Jana Reddy 10am-11am FREE (limited to 10 seats – RSVP)	ONSITE TRAINING 3 DEC Hypnotherapy Level 1 with Arpita Mitra Gupta Dec. 3rd-4th 9am-6pm AED 1530/-
					ONSITE MEDITATION 2 DEC Tantric Inner Silence and Yogic Breathwork Meditation with Dr. Swami Mahavanam 7:30pm-8:30pm AED 80/-	ONLINE TRAINING 3 DEC Basic Tarot Card Reading Training with Zinnia Bharucha Dec. 3rd-4th 10am-6pm AED 1000/-
ONSITE WORKSHOP 4 DEC Basic Shaman Cleansing and Empowering Workshop with the Power of the Viking Runes with Gian Carlo Zazzeri 10am-6pm AED 600/-	FREE ONSITE MEDITATION 5 DEC Yoga, Meditation and Concentration Classes for Stress Release with Niya Roy 6pm-7pm FREE	FREE ONLINE MEDITATION 6 DEC 7 Chakra Energy Healing Meditation with Breathwork and Mantra Chants with Bharti Jatti Varma 6pm-7pm GST FREE	FREE ONSITE MEDITATION 7 DEC Introduction to Reiki and Chakra Balancing Meditation with Toni Marie 7pm-8pm FREE (limited to 12 clients)	FREE ONSITE WORKSHOP 8 DEC Ancient Yogic Practices for Stress and Anxiety Relief (Breathwork, Sound and Meditation) with Dr. Swami Mahavanam 7pm-8pm (limited to 15 seats – RSVP)	FREE ONSITE MEDITATION 9 DEC Vibrational Sound Healing Meditation with Jana Reddy 10am-11am (limited to 10 clients)	ONLINE/ONSITE TRAINING 10 DEC Space Clearing Training with Maria Leonard 11am-5pm AED 1100/-
ONSITE MEDITATION 4 DEC New Moon Manifestation and Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 150/-	FREE SEMINAR 5 DEC NLP for Happiness & Success with Dr. Doris Greenwood 6:30pm-7:30pm GST FREE	ONSITE MEDITATION 6 DEC The Shamanic Path to Reconnection and Reawakening Meditation with Gian Carlo Zazzeri 7:30pm-8:30pm AED 100/-	ONSITE MEDITATION 7 DEC Yoga Nidra and Sound Healing Meditation with Niya Roy 7:30pm-8:30pm AED 80/-	ONSITE MEDITATION 8 DEC Manifestation with Quantum Jumping and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/-	ONSITE MEDITATION 9 DEC Kundalini Breathwork Meditation with Dr. Swami Mahavanam 7:30pm-8:30pm AED 80/-	ONSITE TRAINING 10 DEC NLP Level 1 Foundation & Coaching Part 1 with Dr. Doris Greenwood Dec. 10th-11th 9am-5pm GST AED 1600/-
	ONSITE MEDITATION 5 DEC Screaming Meditation (OSHO Dynamic Meditation) with Bianca Devananda 8pm-9pm AED 100/-					ONSITE TRAINING 10 DEC Sound Healing Training in Vibrational Sound Therapy Level 1 & 2 with Prem Dec. 10th-11th 9:30am-4:30pm AED 3000/-
						ONSITE TRAINING 10 DEC USUI Reiki Level 3 with Bianca Devananda Dec. 10th-11th 10am-6pm AED 1599/-
						ONSITE TRAINING 10 DEC Transcendental Quantum Reiki Level 3 with Gian Carlo Zazzeri Dec. 10th-11th 10am-6pm AED 1800/-
						ONSITE TRAINING 10 DEC Hypnotherapy Level 3 with Irina Khanna Dec. 10th-12th & 17th-18th 10am-6pm AED 3630/-

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ONSITE MEDITATION 11 DEC</p> <p>Sound Oasis – A Journey with Sounds Meditation with Jana Reddy 7:30pm-8:30pm AED 100/-</p>	<p>FREE ONSITE MEDITATION 12 DEC</p> <p>Yoga, Meditation and Concentration Classes for Stress Release with Dr. Swami Mahavanam 6pm-7pm FREE</p> <p>ONSITE MEDITATION 12 DEC</p> <p>Psychic Healing Meditation & Message Circle with Bianca Devananda 7:30pm-8:30pm AED 100/-</p>	<p>ONSITE MEDITATION 13 DEC</p> <p>Deep Energy Cleansing with Shaman Sound Healing Meditation with Gian Carlo Zazzeri 7:30pm-8:30pm AED 100/-</p>	<p>ONLINE TRAINING 14 DEC</p> <p>NLP Level 1 Foundation & Coaching Part 2 with Dr. Doris Greenwood Dec 14th-15th 5pm-9pm GST Dec 18th-19th 9am-5pm GST AED 2400/-</p> <p>ONSITE MEDITATION 14 DEC</p> <p>Yoga Nidra and Sound Healing Meditation with Niya Roy 7:30pm-8:30pm AED 80/-</p>	<p>FREE ONLINE WORKSHOP 15 DEC</p> <p>Energy Reading on Chakras and Diagnosing Energy Blocks through the Power of the Pendulum with Bharti 7pm-8pm GST FREE</p> <p>ONSITE MEDITATION 15 DEC</p> <p>Healing the Heart Chakra with Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/-</p>	<p>FREE ONSITE MEDITATION 16 DEC</p> <p>Vibrational Sound Healing Meditation with Jana Reddy 10am-11am FREE (limited to 10 clients)</p> <p>FREE ONSITE MEDITATION 16 DEC</p> <p>Ancient Yogic Energy Channeling Meditation (Prana Vidya) with Dr. Swami Mahavanam 7:30pm-8:30pm AED 80/-</p>	<p>ONSITE TRAINING 17 DEC</p> <p>ThetaHealing Manifesting and Abundance with Handan Dec. 17th-18th 10am-6pm AED 2100/-</p> <p>ONSITE TRAINING 17 DEC</p> <p>USUI Reiki Level 1 with Toni Marie Dec. 17th-18th 10am-6pm AED 999/-</p> <p>ONSITE TRAINING 17 DEC</p> <p>Transcendental Quantum Reiki Level 4 with Gian Carlo Zazzeri Dec. 17th-18th 10am-6pm AED 2400/-</p>
<p>ONSITE MEDITATION 18 DEC</p> <p>Full Moon Sound Alchemy Meditation with Jana Reddy 7:30pm-8:30pm AED 150/-</p>	<p>FREE ONSITE MEDITATION 19 DEC</p> <p>Yoga, Meditation and Concentration Classes for Stress Release with Niya Roy 6pm-7pm FREE</p> <p>ONLINE/ONSITE MEDITATION 19 DEC</p> <p>Manifestation Meditation through Akashic Records – A Year End Special with Maria Leonard 7:30pm-8:30pm AED 150/-</p>	<p>ONSITE MEDITATION 20 DEC</p> <p>Christmas Special! Connecting to Oneness and Gratitude and Sound Healing Meditation with Gian Carlo Zazzeri 7:30pm-8:30pm AED 100/-</p>	<p>ONSITE MEDITATION 21 DEC</p> <p>Yoga Nidra and Sound Healing Meditation with Niya Roy 7:30pm-8:30pm AED 80/-</p>	<p>FREE ONSITE WORKSHOP 22 DEC</p> <p>Access Bars – Clearing the Blocks in Your Awareness with Janna Reddy 7pm-8pm (limited to 15 seats – RSVP)</p> <p>ONSITE MEDITATION 22 DEC</p> <p>Manifestation with Quantum Jumping and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/-</p>	<p>FREE ONSITE MEDITATION 23 DEC</p> <p>Vibrational Sound Healing Meditation with Jana Reddy 10am-11am (limited to 10 clients)</p> <p>ONSITE MEDITATION 23 DEC</p> <p>Opening the Heart Chakra Meditation with Yoga, Breathwork and Sound with Dr. Swami Mahavanam 6pm-7pm AED 80/-</p>	<p>24 DEC</p>  <p>WE ARE CLOSED</p>
<p>25 DEC</p> 	<p>FREE ONSITE MEDITATION 26 DEC</p> <p>Yoga, Meditation & Concentration Classes for Stress Release with Dr. Swami Mahavanam 6pm-7pm FREE</p> <p>ONSITE MEDITATION 26 DEC</p> <p>Chakra Meditation with Sounds – Align & Re-Energize your Chakras with Janna Reddy 7:30pm-8:30pm AED 100/-</p>	<p>ONLINE SUPPORT GROUP 27 DEC</p> <p>Online Hypnotherapy Support Group (exclusive for Hypnotherapy students & graduates only) with Arpita Mitra Gupta 7pm-8pm</p> <p>ONSITE MEDITATION 27 DEC</p> <p>Third Eye & Sixth Sense Awakening Meditation with Dr. Swami Mahavanam 7:30pm-8:30pm AED 100/-</p>	<p>28 DEC</p>	<p>ONSITE WORKSHOP 29 DEC</p> <p>Family Constellations Workshop with Arpita Mitra Gupta 9am-6pm AED 599/-</p> <p>ONSITE MEDITATION 29 DEC</p> <p>Release the Old & Welcome the New with Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/-</p>	<p>ONSITE MEDITATION 30 DEC</p> <p>New Year's Intention Activation and Sound Healing Meditation with Jana Reddy 7:30pm-8:30pm AED 100/-</p>	<p>31 DEC</p>  <p>HAPPY NEW YEAR</p>

WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

*Online Payment is available through our Website or Pay Tabs link.

*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe



Also offer our space to healers & trainers who require venue for their therapies & group events!