



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ONSITE MEDITATION 1 MAY</p> <p>Golden Light Sound Healing Meditation with Prem Amit 6:30pm-7:30pm AED 120/- (limited to 6 clients)</p>	<p>FREE WEBINAR 2 MAY</p> <p>World Laughter Day – Laughter Yoga with Dr. Doris Greenwood 5:30pm-6:30pm GST FREE</p>	<p>ONSITE MEDITATION 3 MAY</p> <p>Chakra Balancing & Alignment Meditation with Ingrid Sprake 5pm-6pm AED 80/- (limited to 8 clients)</p> <p>FREE WEBINAR 3 MAY</p> <p>How to Use your Inner Psychic Gifts to Improve your Life with Anne Austin 5:30pm-6:30pm GST FREE</p>	<p>FREE WEBINAR 4 MAY</p> <p>How to Heal and Cleanse your Aura with Maria Leonard 5:30pm-6:30pm FREE</p>	<p>ONSITE MEDITATION 5 MAY</p> <p>Inner Child Healing Meditation & Gonging with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p> <p>FREE WEBINAR 5 MAY</p> <p>Understanding what is preventing you from being successful and clearing of limited beliefs through ThetaHealing with Leckranee Burthoo – Barah 5:30pm-6:30pm FREE</p>	<p>ONSITE TRAINING 6 MAY</p> <p>Angelic Reiki 1 & 2 – Practitioner Level with Leckranee Burthoo Barah May 6th 6pm-9pm May 7th-8th 10am-6pm AED 1950/-</p>	<p>ONSITE TRAINING 7 MAY</p> <p>Foundation to Family Constellations with Irina Khanna May 7th-8th 10am-6pm AED 1800/-</p>
<p>ONSITE MEDITATION 8 MAY</p> <p>Chakra Healing Sound Meditation with Prem Amit 6:30pm-7:30pm AED 120/- (limited to 6 clients)</p> <p>FREE WEBINAR 8 MAY</p> <p>Energy of a Lie and Law of Integrity of the Universe! with Rajesh Singh 8pm-9pm FREE</p>	<p>ONSITE/ONLINE MEDITATION 9 MAY</p> <p>Heart Chakra Healing with the Angels with Leckranee Burthoo – Barah 5pm-6pm FREE</p>	<p>FREE WEBINAR 10 MAY</p> <p>Hypnotherapy FAQs – Demystifying Myths & Understanding the Science of the Mind with Arpita Mitra Gupta 5:30pm-6:30pm FREE</p>	<p>ONSITE MEDITATION 11 MAY</p> <p>New Moon Meditation – Manifest your Dream Life with Ingrid Sprake 5pm-6pm AED 150/- (limited to 8 clients)</p>	<p>ONSITE MEDITATION 12 MAY</p> <p>Healing A Relationship and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>13 MAY</p>  <p><i>Eid Mubarak</i> Eid al-Fitr</p>	<p>ONSITE TRAINING 14 MAY</p> <p>Meditation Certified Course – Foundation Level with Ingrid Sprake May 14th 10am-6pm AED 999/- (limited to 8 clients)</p> <p>ONSITE TRAINING 14 MAY</p> <p>USUI Reiki Level 3 with Shazia Khan May 14th-15th 10am-6pm AED 1599/- (limited to 8 clients)</p>
<p>ONSITE MEDITATION 15 MAY</p> <p>Opening of Heart Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>	<p>16 MAY</p>	<p>FREE WEBINAR 17 MAY</p> <p>Introduction to Cognitive Behavioural Therapy (CBT) for Bereavement, Grieving & Loss with Dr. Leila Edwards 6:30pm-8pm GST FREE</p>	<p>FREE WEBINAR 18 MAY</p> <p>Super Power of Feminine Energy with Ingrid Sprake 8pm-9pm FREE</p>	<p>ONSITE MEDITATION 19 MAY</p> <p>Anger Release and Forgiveness Meditation and Gonging with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>20 MAY</p>	<p>ONSITE TRAINING 21 MAY</p> <p>USUI Reiki Level 2 with Ingrid Sprake May 21st-22nd 10am-6pm AED 1199/- (limited to 8 clients)</p> <p>ONSITE TRAINING 21 MAY</p> <p>ThetaHealing Dig Deeper with Handan May 21st-22nd 10am-6pm AED 2100/-</p> <p>ONLINE/ONSITE TRAINING 21 MAY</p> <p>Space Clearing Training with Maria Leonard May 21st 11am-5pm GST AED 1100/- (limited to 6 clients for Onsite)</p>

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<p>FREE WEBINAR 15 MAY</p> <p>Understanding the Physical Pain with Body Syndromes! with Rajesh Singh 6:30pm-7:30pm FREE</p>				<p>FREE WEBINAR 19 MAY</p> <p>Introduction to Angelic Reiki with Experiential Meditation with Leckranee Burthoo – Barah 8pm-9pm FREE</p>		<p>FREE ONLINE MEDITATION 21 MAY</p> <p>World Meditation Day – Raise your Vibration with Ingrid Sprake 7pm-8pm FREE</p>
<p>ONSITE TRAINING 22 MAY</p> <p>Chakra Diagnosis & Attunement Practitioner Certification Program with Sarmistha Mitra May 22-23, 2021 (2 days) 2pm – 6pm & 6pm – 10pm AED 1498/-</p>	<p>FREE WEBINAR 23 MAY</p> <p>Working Therapeutically with Children, Young People and Families with Dr. Leila Edwards 6:30pm-8pm GST FREE</p>		<p>FREE WEBINAR 25 MAY</p> <p>Introduction to Angelic Reiki Practitioner Level with Experiential Self-Healing Sessions with Leckranee Burthoo – Barah 8pm-9pm FREE</p>	<p>ONSITE MEDITATION 26 MAY</p> <p>Full Moon and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	27 MAY	<p>ONSITE TRAINING 28 MAY</p> <p>USUI Reiki Level 1 with Shazia Khan May 28th 10am-6pm AED 999/- (limited to 8 clients)</p> <p>ONSITE TRAINING 28 MAY</p> <p>Hypnotherapy Level 4 with Irina Khanna May 28th-30th / June 4th-6th 10am-6pm AED 4000/-</p> <p>ONSITE TRAINING 28 MAY</p> <p>ThetaHealing Disease & Disorder with Handan May 28th-29th/June 4th-5th 10am-6pm May 30th-June 1st / June 6th-8th 4pm-9pm AED 6700/-</p> <p>ONSITE WORKSHOP 28 MAY</p> <p>Awaken Your Feminine Power and Transform your Relationships with Toni-Marie & Ingrid Sprake May 28th-29th 10am-6pm AED 1400/-</p> <p>ONSITE TRAINING 28 MAY</p> <p>UK-Accredited Diploma in CBT including the Psychology of Depression, Grieving & Loss for Caring & Health Professionals, Hypnotherapists & Coaches with Dr. Leila Edwards May 28th-29th / June 11th-12th 11am-7pm GST AED 3900/- (including exam & certification fee)</p>
<p>FREE WEBINAR 22 MAY</p> <p>What are Dreams and how they are connected to your Goals? with Rajesh Singh 6:30pm-7:30pm FREE</p>	<p>ONSITE MEDITATION 23 MAY</p> <p>Psychic Healing Meditation & Message Circle with Bianca Devananda 7:30pm-8:30pm AED 100/- (limited to 8 clients)</p>					
<p>ONSITE MEDITATION 22 MAY</p> <p>Tibetan Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>						
<p>FREE WEBINAR 29 MAY</p> <p>Social Media or Gaming Addiction & its connection with the Self Esteem with Rajesh Singh 6:30pm-7:30pm FREE</p>	30 MAY	31 MAY				
<p>ONSITE MEDITATION 29 MAY</p> <p>Grounding and Deep Relaxation Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>						

WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

*Online Payment is available through our Website or Pay Tabs link.

*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe



Also offer our space to healers & trainers who require venue for their therapies & group events!
Get 50%* off on our space rental in this Time of COVID!