

CALENDAR COLOR CODE
Meditations and Yoga Classes
Healing Workshop
Certified Training Programs
Free Awareness Seminars
External Events



**YUVRAJ KAPADIA**  
Hypnotherapist, Metaphysician & New Thought Leader



**RAJESH SINGH**  
Spiritual Psychologist, Past life Regression & Energy Medicine Alchemist!



**INGRID SPRAKE**  
Yoga & Meditation Teacher, Reiki Master & Holistic Therapist



**DR. DORIS GREENWOOD**  
Internationally Renowned NLP Master Trainer



**PREM AMIT**  
Sound Healer



**MARIA LEONARD**  
Spiritual Coach, Intuitive Speaker & Founder of Life Scripting



**SHAZIA KHAN**  
Reiki Master and Holistic Healer

# APRIL 2021

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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409, Fortune Executive Towers, Cluster T, Plot T1, Jumeirah Lake Towers, Outside DAMAC Properties

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**ALSO OFFER OUR SPACE TO HEALERS & TRAINERS WHO REQUIRE VENUE FOR THEIR THERAPIES & GROUP EVENTS!**

**GET 50%\* OFF ON OUR SPACE RENTAL IN THIS TIME OF COVID!**

**WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.**

**In our efforts to support the community we are keeping many meditations & Seminars FREE!! \*Online Payment is available through our Website or Pay Tabs link. \*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (\*T & C Apply)**

**We would request your support on this. #staysafe**

<p><b>3</b></p> <p><b>Free Online Webinar!</b> Spiritual Saturday's with Rajesh - Understanding the Wheels of Life (Chakras and their Connections with Emotions) 6:30pm-7:30pm</p> <p><b>Onsite Meditation!</b> Grounding and Deep Relaxation Sound Healing Meditation with Prem Amit 7:30pm-8:30pm   AED 120/- (limited to 6 clients)</p>	<p><b>4</b></p> <p><b>Online Training!</b> NLP Level 3 with Dr. Doris Greenwood April 4th-7th   5:30pm-9:30pm GST   April 8th-10th   9:30am-6pm GST   AED 4400/-</p> <p><b>Onsite Meditation!</b> Healing Meditation: Reiki Self-Healing, Cleansing &amp; Balancing with Bianca Devananda (limited to 8 clients) 7:30pm-8:30pm   AED 80/-</p> <p><b>Free Webinar!</b> Who Are you? A Journey of "Self" Discovery - Finding your True Self with Sandi &amp; Mike Mayes   8pm-9pm</p>	<p><b>5</b></p> <p><b>Free Webinar!</b> Inner Journey into the Spiritual Realms with Anne Austin 8pm-9pm</p>	<p><b>6</b></p> <p><b>Onsite Meditation!</b> Sacral Chakra Healing Meditation with the Angels with Leckranee Burthoo Barah 7:30pm-8:30pm   AED 80/- (limited to 8 clients)</p> <p><b>Free Webinar!</b> Living the Reiki Principles to Enhance your Life with Ingrid Sprake 8pm-9pm</p>	<p><b>7</b></p> <p><b>Onsite Meditation!</b> Balancing Yin &amp; Yang with Gonging Meditation with Zarine (limited to 8 clients) 7:30pm-8:30pm   AED 150/-</p> <p><b>Free Webinar!</b> World Mental Health day! Fit Mind, Fit Body – Understanding Mind-Body Connection through Body Syndromes with Arpita Mitra Gupta 8pm-9pm</p>	<p><b>8</b></p> <p><b>Onsite Training!</b> Level 1 &amp; 2 Sound Healing Training in Vibrational Sound Therapy with Prem Amit April 8th   6pm-9pm April 9th-10th   10am-6pm   AED 2750/- (limited to 8 clients)</p> <p><b>Online Workshop!</b> Psychic and Clairvoyant Mediumship -Development and Practice with Sandi &amp; Mike Mayes 7pm-8pm GST   AED 100/-</p>	<p><b>9</b></p> <p><b>Hypnotherapy Level 5</b> with Yuvraj Kapadia April 9th-12th   April 14th-17th 9am-6pm   AED 5300/-</p>
<p><b>10</b></p> <p><b>Free Online Webinar!</b> Spiritual Saturday's with Rajesh - Emotional Freedom from the Heavy and Stubborn Patterns   6:30pm-7:30pm</p> <p><b>Online Support Group</b> with Irina Khanna (Exclusive for Hypnotherapy students)   7pm-8pm</p> <p><b>Onsite Meditation!</b> Opening of Heart Sound Healing Meditation with Prem Amit 7:30-8:30pm   AED 120/- (limited to 6 clients)</p>	<p><b>11</b></p> <p><b>Free Webinar!</b> Learn How to Trust your Intuition &amp; Change your Life with Bianca Devananda 8pm-9pm</p>	<p><b>12</b></p> <p><b>Online/Onsite Meditation!</b> New Moon Meditation to Cultivate the Life you Want with Ingrid Sprake 5pm-6pm   AED 150/- (limited to 8 clients)</p> <p><b>Free Webinar!</b> The Angelic Reiki leading you to the path of Ascension &amp; Spirituality with Experiential Meditation with Leckranee Burthoo Barah 8pm-9pm</p>	<p><b>13</b></p> <p><b>Free Webinar!</b> What Happens when you Leave Trauma Untreated? with Sarmistha Mitra 5:30pm-6:30pm</p>	<p><b>14</b></p> <p><b>Online/Onsite Workshop!</b> 3-day Breathwork Challenge: Heal your Birth Script and Inner Child (Womb &amp; Birth Healing) with Maria Leonard 5pm-6pm   AED 150/-</p> <p><b>Onsite Meditation!</b> Chakra Healing and Gonging Meditation with Zarine 7:30pm-8:30pm   AED 150/- (limited to 8 clients)</p> <p><b>Free Webinar!</b> Introduction to Handwriting Analysis (Benefits, Application &amp; Limitation) with Rajesh Singh 8pm-9pm</p>	<p><b>15</b></p> <p><b>Online/Onsite Workshop!</b> 3-day Breathwork Challenge: Heal your Birth Script and Inner Child (1-4 ages healing) with Maria Leonard 5pm-6pm   AED 150/-</p> <p><b>Online Workshop!</b> Psychic and Clairvoyant Mediumship -Development and Practice with Sandi &amp; Mike Mayes 5:30pm-6:30pm GST   AED 100/-</p>	<p><b>16</b></p> <p><b>Onsite Training!</b> Hypnotherapy Level 1 with Arpita Mitra Gupta April 16th-17th   10am-6pm   AED 1530/-</p> <p><b>Onsite Training!</b> USUI Reiki Level 2 with Shazia Khan April 16th-17th   10am-6pm   AED 1199/- (limited to 8 clients)</p> <p><b>Onsite Training!</b> Psychic &amp; Intuitive Development Training Level 1 Part 1 with Bianca Devananda April 16th-17th   10am-6pm   AED 1800/- (limited to 8 clients)</p> <p><b>Online/Onsite Workshop!</b> 3-day Breathwork Challenge: Heal your Birth Script and Inner Child (5-7 ages healing) with Maria Leonard 5pm-6pm   AED 150/-</p> <p><b>Online Training!</b> Mediumship Advanced Course with Sandi &amp; Mike Mayes 6 Fridays (April 16th-May 21st)   5pm-6:30pm GST   AED 1800/-</p>
<p><b>17</b></p> <p><b>Onsite Meditation!</b> Chakra Awareness Sound Healing Meditation with Prem Amit 5pm-6pm   AED 120/- (limited to 6 clients)</p> <p><b>Free Online Webinar!</b> Spiritual Saturday's with Rajesh - Learning to say NO and drawing Boundaries 8pm-9pm</p>	<p><b>18</b></p> <p><b>Onsite Meditation!</b> Unleash your Creativity: Sacral Chakra Guided Meditation with Shazia Khan 5pm-6pm   AED 80/- (limited to 8 clients)</p>	<p><b>19</b></p> <p><b>Online Workshop!</b> An Evening of Clairvoyance &amp; Mediumship with Renowned Clairvoyant &amp; Spiritual Guidance Counselor, Anne Austin 5pm-6:30pm GST   AED 150/-</p> <p><b>Online!</b> Experiential Angelic Reiki Sessions with Meditation for Self-healing with Leckranee Burthoo Barah 5:30pm-6:30pm</p>	<p><b>20</b></p> <p><b>Free Webinar!</b> Heal your Past &amp; Reshape your Future with Family Constellations with Arpita Mitra Gupta 5:30pm-6:30pm</p>	<p><b>21</b></p> <p><b>Free Webinar!</b> Get Grounded, Feel Amazing with Ingrid Sprake 5:30pm-6:30pm</p> <p><b>Onsite Meditation!</b> Anchoring Trust and Gonging Meditation with Zarine 7:30pm-8:30pm   AED 150/- (limited to 8 clients)</p>	<p><b>22</b></p> <p><b>Online Workshop!</b> Psychic and Clairvoyant Mediumship -Development and Practice with Sandi &amp; Mike Mayes 5:30pm-6:30pm GST   AED 100/-</p>	<p><b>23</b></p> <p><b>Onsite Training!</b> Psychic &amp; Intuitive Development Training Level 1 Part 2 with Bianca Devananda April 23rd-24th   10am-6pm   AED 1400/- (limited to 8 clients)</p> <p><b>Online/Onsite Training!</b> Life Scripting Level 1 with Maria Leonard April 23rd-24th   10am-6pm   AED 2200/-</p> <p><b>Onsite Training!</b> ThetaHealing Basic DNA with Handan April 23rd-25th   10am-6pm   AED 2200/-</p> <p><b>Onsite Training!</b> Hypnotherapy Level 3 with Irina Khanna April 23rd-25th / 30th-May 1st   10am-6pm   AED 3300/-</p>
<p><b>24</b></p> <p><b>Onsite Meditation!</b> Tibetan Sound Healing Meditation with Prem Amit 5pm-6pm   AED 120/- (limited to 6 clients)</p> <p><b>Free Online Webinar!</b> Spiritual Saturday's with Rajesh - Learning the Laws of Life! (Demystify the Law of Attraction)   8pm-9pm</p>	<p><b>25</b></p> <p><b>Free Webinar!</b> Introduction to Cognitive Behavioural Therapy (CBT) the 'go to' Therapy for Anxiety and Depression with Dr. Leila Edwards 4:30pm-6pm</p>	<p><b>26</b></p> <p><b>Free Webinar!</b> Healing Power of Essential Oils with Ingrid Sprake 5:30pm-6:30pm</p>	<p><b>27</b></p> <p><b>Online/Onsite Meditation!</b> Full Moon Meditation to Release Blockages with Ingrid Sprake 5pm-6pm   AED 150/- (limited to 8 clients)</p>	<p><b>28</b></p> <p><b>Onsite Meditation!</b> Full Moon and Gonging Meditation with Zarine 7:30pm-8:30pm   AED 150/- (limited to 8 clients)</p>	<p><b>29</b></p> <p><b>Online Workshop!</b> Psychic and Clairvoyant Mediumship -Development and Practice with Sandi &amp; Mike Mayes 5:30pm-6:30pm GST   AED 100/-</p> <p><b>Free Webinar!</b> Get your Mental Health and Emotional Wellbeing Assessment with our Grapho Diagnosis Expert Rajesh Singh   5pm-6pm</p>	<p><b>30</b></p> <p><b>Onsite Training!</b> USUI Reiki Level 1 with Ingrid Sprake April 30th   10am-6pm   AED 999/- (limited to 8 clients)</p> <p><b>Onsite Training!</b> ThetaHealing Advanced DNA with Handan April 30th-May 2nd   10am-6pm   AED 2200/-</p>